

# **RACE BOOK**

**UCI XCM MTB MARATHON  
Capoliveri Legend Cup**

**Capoliveri  
Elba Island, Italy**

Saturday, 09.05.2026

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## 01 SCHEDULE

### HERO UCI CROSS-COUNTRY MARATHON RACE

Capoliveri, Elba Island, Italy

#### Thursday, May 07th

09:00 AM - 05:00PM Training

#### Friday, May 08th

09:00 AM - 05:00PM Training

09:30 AM - 01:00 PM Collection of race numbers & Riders' confirmation in Capoliveri, Viale Australia No.1

<https://maps.app.goo.gl/k1fKYfPASCYNJiP8>

10:00 AM - 01:00 PM Course inspection by the UCI President of the Commissaires' Panel

02:00 PM - 07:30 PM Collection of race numbers & Riders' confirmation (HWC Elite) in Capoliveri, Viale Australia No.1

<https://maps.app.goo.gl/k1fKYfPASCYNJiP8>

04:00 PM - 04:40 PM HERO Race Talk - Capoliveri, Piazza Matteotti

<https://maps.app.goo.gl/xs1DRmMVEPCJhaLw9>

04:45 PM Team Manager Meeting in town hall - council room in Capoliveri, Viale Australia No.1

<https://maps.app.goo.gl/rCsbQQp1dGtEnTHH9>

05:45 PM "Benvenuto Legend" Institutional greetings in Capoliveri, Piazza Matteotti

<https://maps.app.goo.gl/xs1DRmMVEPCJhaLw9>

#### Saturday, May 09th

07:00 AM - 08:00 AM Collection of race numbers for Masters and Amateurs

07:15 AM - 08:25 AM Opening starting Box Marathon race

08:25 AM - 09:25 AM Opening starting Box Classic race

### START HERO UCI MARATHON WORLD CUP

08:30 AM START HERO UCI MARATHON WORLD CUP: 1° Elite Men

08:35 AM START HERO UCI MARATHON WORLD CUP: 2° Elite Women

08:40 AM START HERO UCI MARATHON WORLD CUP: 3° Master Men

08:45 AM START HERO UCI MARATHON WORLD CUP: 4° Master Women

### START CAPOLIVERI LEGEND CUP MARATHON 74 KM

08:50 AM START CAPOLIVERI LEGEND CUP XCM: 5° Master Men

08:55 AM START CAPOLIVERI LEGEND CUP XCM: 6° Master Women

09:00 AM START CAPOLIVERI LEGEND CUP XCM: 7° Master Men

09:05 AM START CAPOLIVERI LEGEND CUP XCM: 8° Master Men

### START CAPOLIVERI LEGEND CUP CLASSIC 48 KM

09:30 AM START CAPOLIVERI LEGEND CUP CLASSIC: 9° Master Men/Women

09:35 AM  
09:40 AM

START CAPOLIVERI LEGEND CUP CLASSIC: 10° Master Men  
START CAPOLIVERI LEGEND CUP CLASSIC: 11° Master Men



#### ESTIMATED ARRIVAL

11:45AM 1° HWC Elite Man  
12:30PM 1° HWC Elite Women

#### HERO UCI MARATHON WORLD CUP OFFICIAL AWARD CEREMONY

01:00 PM Official HWC Elite M/W Award Ceremony  
03:00 PM HWC Master Licence and Capoliveri Legend Cup Award Ceremony

\*Schedule is subject to changes

## 02 CONTACTS

### 02.1 SERIES AND LOCAL ORGANISER CONTACTS

#### HERO UCI CROSS-COUNTRY MARATHON WORLD CUP CONTACTS

**Chairman:** Gerhard Vanzi [gerhard.vanzi@heroucimarathonworldcup.com](mailto:gerhard.vanzi@heroucimarathonworldcup.com)

**Managing Director:** Julia Karbon [julia.karbon@heroucimarathonworld.com](mailto:julia.karbon@heroucimarathonworld.com)

**Marketing & VIP Hospitality:** Elena Runggaldier  
[elena.runggaldier@heroucimarathonworldcup.com](mailto:elena.runggaldier@heroucimarathonworldcup.com)

**UCI & Race Organization:** Miriam Lardschneider [info@heroucimarathonworldcup.com](mailto:info@heroucimarathonworldcup.com)

**Registration:** [registration@heroucimarathonworldcup.com](mailto:registration@heroucimarathonworldcup.com)

**Press: Carlo Brena** [press@heroucimarathonworldcup.com](mailto:press@heroucimarathonworldcup.com)

**HERO UCI Cross-Country Marathon World Cup:** [info@heroucimarathonworldcup.com](mailto:info@heroucimarathonworldcup.com)

#### LOCAL ORGANISER CONTACTS

**Managing Director:** Maurizio Melis [info@capoliveribikepark.it](mailto:info@capoliveribikepark.it)

**Marketing:** Simone Galli [simone@legendcup.it](mailto:simone@legendcup.it)

**Race Director:** Enrico Lenzi [ocirne.el@gmail.com](mailto:ocirne.el@gmail.com)

**Registration:** Sara Trafeli [capoliveribikepark@gmail.com](mailto:capoliveribikepark@gmail.com)

**Press:** Aldo Zanardi [az4bike@virgilio.it](mailto:az4bike@virgilio.it)

#### UCI REPRESENTATIVES

**President of the Commissaires Panel:** Pol Leon Arianna [ariannapol@gmail.com](mailto:ariannapol@gmail.com)

### 02.2 WEBSITES AND SOCIALS

#### HERO UCI CROSS-COUNTRY MARATHON WORLD CUP

**Website:** [www.heroucimarathonworldcup.com](http://www.heroucimarathonworldcup.com)

**Instagram:** <https://www.instagram.com/heroucimarathonworldcup/>

**Facebook:** [HERO UCI Marathon World Cup](https://www.facebook.com/HEROUCIMarathonWorldCup)

**YouTube:** [@heromtbtv](https://www.youtube.com/@heromtbtv)

#### LOCAL ORGANISER

**Website:** [www.legendcup.it](http://www.legendcup.it)

**Instagram:** [@capoliverilegendcup](https://www.instagram.com/capoliverilegendcup)

**Facebook:** [Capoliveri Legend Cup](https://www.facebook.com/CapoliveriLegendCup)

**YouTube:** [@capoliverilegendcup9033](https://www.youtube.com/@capoliverilegendcup9033)

## 03 RACE ENTRIES

### **03.1 RIDER REGISTRATION**

All registrations for HERO UCI Cross-country Marathon World Cup categories will need to be made through <https://onreg.datasport.com/it/2026-hero-uci-marathon-world-cup>  
No late entries will be accepted.

DEADLINE FOR ENTRIES IS ON **FRIDAY 01 May 2026 AT 13:00 CET.**

### **OPEN RACING**

Licensed Master and hobby riders can register on

<https://www.endu.net/it/events/capoliveri-legend-cup/9>

### **03.2 RACE LICENCES**

All riders participating in the HERO UCI Cross-country Marathon World Cup must hold a valid (in date) UCI license issued by their National Federation.

### **03.3 ENTRY FEES**

HERO UCI Cross-Country Marathon World Cup: € 150.00

Master and Amateurs Marathon: Variable (please refer to

<https://www.endu.net/it/events/capoliveri-legend-cup/>

All payments must be completed online in advance.

### **03.4 RIDER CONFIRMATION & START NUMBER COLLECTION**

LOCATION - Fontanelle Parking, Capoliveri, Viale Australia No.1

<https://maps.app.goo.gl/k1fKYfPASCYNJiP8>

Friday 8<sup>th</sup> May from **10:00 AM - 07:00 PM**

Rider confirmation (Elite and U23):

**Friday 08th MAY 2026 from 02:00 pm to 07:30 pm.**

**Check-in Deadline:** Riders who have not collected their plate or checked in by **07:30 pm** on Friday will not be included on the Start List. Altering, cutting, or obstructing the race number plate - including the use of computer devices, unauthorized stickers, or sponsor logos - is strictly prohibited.

### **03.05 INSURANCE**

The Organizers do not provide personal insurance coverage.

Insurance is normally provided with the license purchase.

Entry fee insurance can be purchased during registration.

### **03.06 DISCLAIMER AND LIABILITY RELEASE**

Racers voluntarily assume complete responsibility for all risks associated with participating in the Event and for any injury, accident or damage that may occur during their participation in the Event, including by way of example and no limitation:

(a) travelling to and from the Event; (b) falls; (c) mechanical failures of equipment; (d) collisions with other participants, spectators and fixed or moving objects; (e) the effects of weather, including temperature extremes; (f) use of chairlifts, gondola or shuttle vehicles; (g) traffic accidents; (h) trail and road conditions; and (i) the negligence of themselves and/or others.

## **04 RACE LOGISTICS**

### **04.01 CROSS-COUNTRY MARATHON COURSE MAP**

#### **73 km with 2,600 HM**

**The Legend Cup is** a course designed to showcase every aspect of mountain bike marathon racing, where endurance, technical skill and race management come together in a complete and highly selective route. Monte Calamita offers authentic and varied terrain: climbs, never particularly long but often demanding, follow one another at a constant rhythm, alternating with technical descents and natural single tracks that make the course dynamic and never monotonous. The surface is typically Mediterranean, featuring compact dirt, gravel and rocky sections that require focus and control, especially in the more technical passages. Starting from the village of Capoliveri, the route unfolds through a unique landscape of Mediterranean scrub, holmoak forests and historic mining areas. At higher elevations, the course opens up to spectacular views, true natural balconies overlooking the sea and the Tuscan Archipelago, alternating shaded sections with more exposed terrain. Among the most iconic features is the spectacular passage on the “Muro della Leggenda”, one of the most challenging and memorable sections of the entire course. The central part represents the heart of the race, with a continuous sequence of short climbs, descents and technical single tracks that demand precision and the ability to accelerate repeatedly. The King of the Mountain, dedicated to Andrea Crispu, is one of the key highlights of the course, adding both a competitive and symbolic element to the race. The final section is marked by the “La Madonna” climb, a decisive effort that further selects the riders and tests the remaining energy before heading back towards the finish. A demanding and symbolic finale that perfectly captures the spirit of the race. With approximately 73 kilometres and 2,600 meters of elevation gain, the Legend Cup delivers pure, demanding and exhilarating mountain biking in one of the most stunning Mediterranean settings.

**COURSE MAP**



**ALTIMETRIC PROFILE**

**UCI MOUNTAIN BIKE MARATHON ROUTE**  
**73 KM | 2,600 HM**

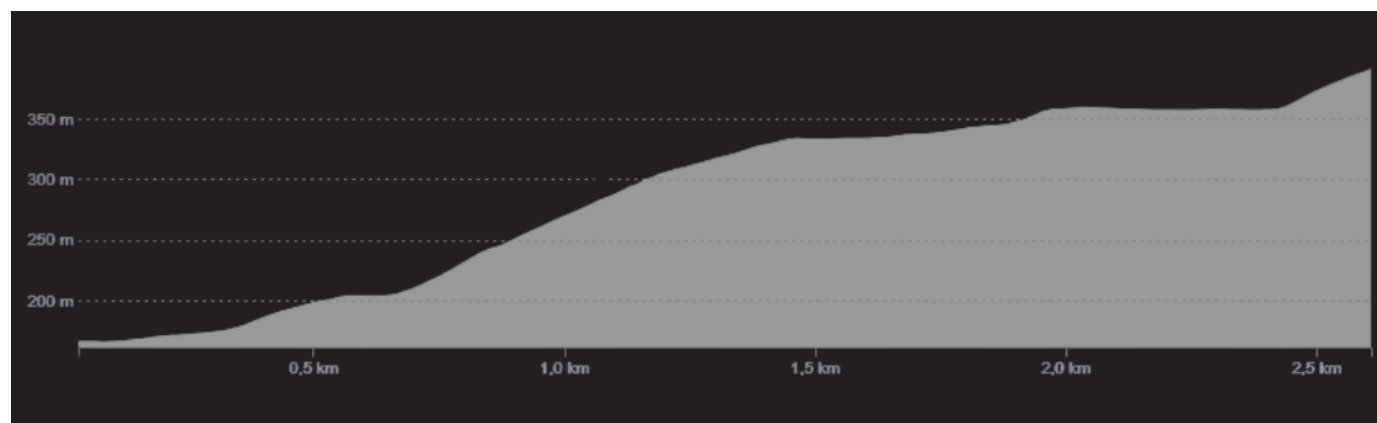


#### **04.2 “KOM Andrea Crispu Challenge”**

During the first climb, there will be the Grand Prix of the Mountain trophy dedicated to Andrea Crispu.

The climb will be officially timed, and the **fastest** man and woman to complete the ascent will receive a commemorative plaque and a one-week holiday for two on Elba Island.

The climb extends over 2.5 km, with an elevation gain of approximately 350 m and an average gradient of 14%, peaking at 27%.



#### **04.3 TIME LIMITS**

TIME LIMIT - 2:15 pm: “**Pinocchiello Climb**” cutoff

#### **04.4 TRAINING**

Training on the signed course can be made on **Thursday, 7th and Friday, 8th May, from 09:00 am to 05:00 pm** at the riders' own risk. There are no marshals or medical cover.

#### **04.5 TIMING & GPS TRACKING**

The timing system is provided by ENDU. The chip will be provided by the organizing committee. Bikers must have the chip on their bikes during the race.

Live timing and live tracking are available at [www.heroucimarathonworldcup.com](http://www.heroucimarathonworldcup.com)

#### **04.6 TV OPERATIONS**

Drone and camera operatives using E-Bikes and motorbikes will be operational throughout the race. They will not interfere with the race in any way.

## **04.7 Feed Zones and Technical Assistance Zones**

The race is divided into 4 Feed and Technical Assistance Zones, all of which are accessible as a technical area for the teams.

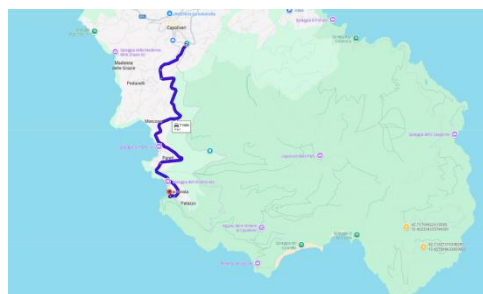
### **1. FEED TECHNICAL ZONE – INNAMORATA BEACH**

KM 16.200 of the race:

GPS DATA: 42°43'17.7"N 10°22'39.4"E

Google Maps link: <https://maps.app.goo.gl/9Ci6CPkYH8Gv4PVF8>

Access description: from Capoliveri to Innamorata Beach



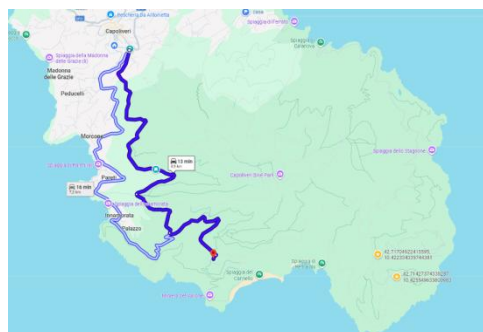
### **2. FEED TECHNICAL ZONE/ LIQUID AND SOLID POINT – MUSEO “VECCHIA OFFICINA”**

KM 24.200 of the race:

GPS DATA: 42°43'02.7"N 10°23'42.6"E

Google Maps link: <https://maps.app.goo.gl/ugqTj55q3dBBKvJa8>

Access description: from Capoliveri to Museo delle Miniere



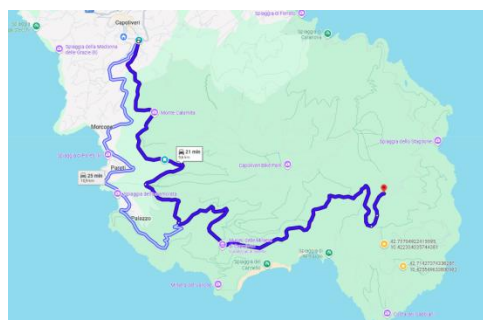
### **3. FEED TECHNICAL ZONE/LIQUID AND SOLID POINT – FATTORIA DELLE RIPALTE**

KM 42.200 of the race

GPS DATA: 42°43'28.3"N 10°25'22.3"E

Google Maps link: <https://maps.app.goo.gl/FUAut4nrqVLxnXE1A>

Access description: from Capoliveri to Tenuta delle Ripalte



#### 4. LIQUID AND SOLID POINT – LOC. POGGIO DI FINO

KM 49.700 of the race

GPS DATA: 42°43'54.6"N 10°25'01.1"E

Google Maps link: <https://maps.app.goo.gl/pj8ySGnqTejPzeicA>

ACCESS RESTRICTED ONLY TO L.O.C. STAFF

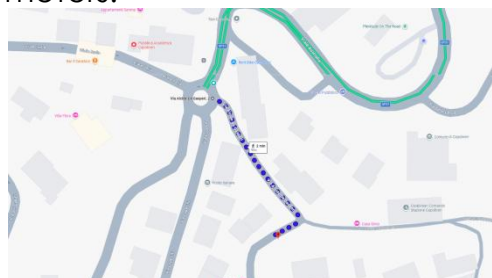
#### 5. FEED TECHNICAL ZONE - LOC. PINOCCHIELLO

KM 55.500 and 63.100 of the race:

GPS DATA: 42°44'31.4"N 10°22'51.3"E

Google Maps link: <https://maps.app.goo.gl/x9TBHGLgEatCKWux5>

Access description: From the start and finish line in Capoliveri, proceed for 200 meters.



#### 6. LIQUID AND SOLID POINT - ZIGURT

KM 57.100 of the race:

GPS DATA: 42°43'58.7"N 10°23'35.4"E

Google Maps link: <https://maps.app.goo.gl/BtYgoCHeTqEu4E6M7>

ACCESS RESTRICTED ONLY TO L.O.C. STAFF

Tech & feed areas will be clearly signposted and numbered; they are closed to the public and only authorized personnel will be admitted. Technical assistance is allowed in the technical zones provided only, in boxes out of the race course in order not to hamper the competitors. Bicycle spare parts and tools for the bikes must be put down in the technical assistance zones. In each zone, feeding and technical assistance can be done. In addition to the technical assistance in the technical zones provided, technical assistance is allowed outside of these zones between competitors belonging to the same team and category. Competitors can carry tools and spare parts with them as long as these do not pose any danger to themselves or others.

## 05 START & RESULTS

### 05.1 START LIST

The start list will be available on the following websites:

HWC: <https://www.heroucimarathonworldcup.com/capoliveri-legend-cup>

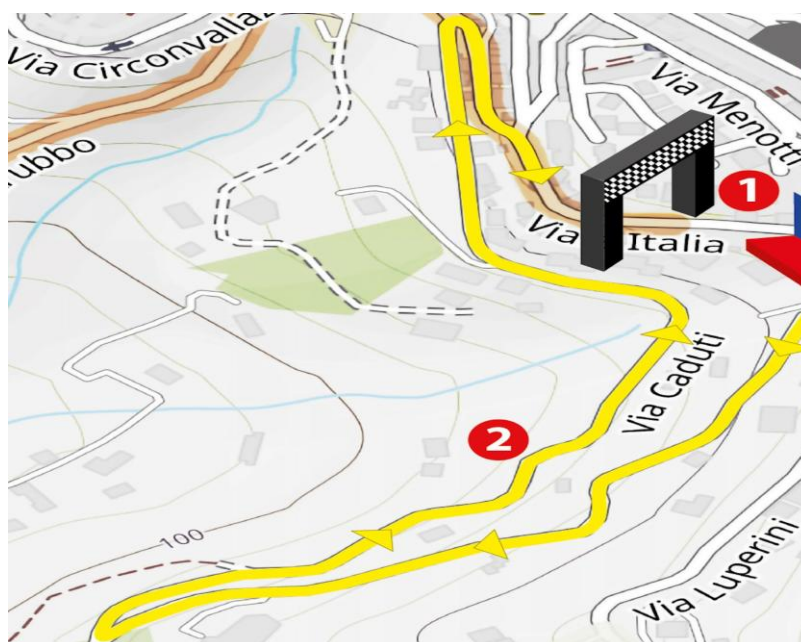
Endu: <https://www.endu.net/it/events/capoliveri-legend-cup/entry/verify>  
[www.heroucimarathonworldcup.com](https://www.heroucimarathonworldcup.com)

### 05.2 START

**8:30 AM** Start of round #2 of the HERO UCI CROSS-COUNTRY MARATHON WORLD CUP

Start Location: Capoliveri, Viale Italia

LINK MAPS: <https://maps.app.goo.gl/JPr6zyyX4xiEiC5eZ>



Dedicated **warm-up areas** and the official Roll Call are reserved for the **top 7 male and female Elite riders** on the start list. All athletes competing in the 2026 HERO UCI Cross-Country Marathon World Cup must enter their respective grids via Viale Italia.

### 05.3 LIVE TIMING & RESULTS

Race feed and Live Timing will be available on the HERO UCI Marathon World Cup Website [www.heroucimarathonworldcup.com](https://www.heroucimarathonworldcup.com)

The results will be published on the HERO UCI Marathon World Cup Website: <https://www.heroucimarathonworldcup.com/results/2026>

### **05.4 UCI MTB XCM POINTS**

The following UCI MTB XCM points will be awarded to Elite Riders for each position from 1st to 60th in the respective general classification:

250 1st place	74 16th place	44 31st place	22 46th place
200 2nd place	72 17th place	42 32nd place	21 47th place
160 3rd place	70 18th place	40 33rd place	20 48th place
150 4th place	68 19th place	38 34th place	19 49th place
140 5th place	66 20th place	36 35th place	18 50th place
130 6th place	64 21st place	34 36th place	17 51st place
120 7th place	62 22nd place	32 37th place	16 52nd place
110 8th place	60 23rd place	30 38th place	15 53rd place
100 9th place	58 24th place	29 39th place	14 54th place
95 10th place	56 25th place	28 40th place	13 55th place
90 11th place	54 26th place	27 41st place	12 56th place
85 12th place	52 27th place	26 42nd place	11 57th place
80 13th place	50 28th place	25 43rd place	10 58th place
78 14th place	48 29th place	24 44th place	9 59th place
76 15th place	46 30th place	23 45th place	8 60th place

### **05.5 FINISH**

Finish Location: Capoliveri, Viale Italia

LINK MAPS: <https://maps.app.goo.gl/JPr6zyyX4xiEiC5eZ>



The **Official HWC Award Ceremony** will take place directly after the arrival of the **top 3** at the Finish Area **at 1:00 PM**. The winner, the second, and the third placed riders shall be ready for the Award Ceremony that shall be conducted under the responsibility of the President of the Commissaries Panel.

The presence of the first three finishers (women and men) at the Award Ceremony is mandatory.

## **05.6 PRIZE MONEY**

Cash prizes are provided for the first ten positions in the overall Men Elite and Women Elite classification.

XCM
1'500 €
1'200 €
900 €
750 €
600 €
450 €
375 €
300 €
150 €
75 €
6'300 €

Cash payments should be requested by filling out this form:

<https://www.heroucimarathonworldcup.com/cash-prize-payment-form>

Cash Prizes will be awarded in accordance with UCI regulations and issued via bank transfer.

Race prizes (cash and in nature) will only be awarded and handed over to athletes who are present at the Award Ceremonies.

## **06 RULES**

### **06.1 RACE RULES**

The event will be under UCI rules.

Press conference and HERO Race Talk: At the request of the organizer, the three best placed riders in the event and the leader in the world cup standings must attend the press conference and the HERO Race Talk.

Littering is strictly prohibited. No on-board cameras permitted.

The number and the chip, provided by the Organization, must be fixed to the handlebars and on the back of the participant in a clearly visible manner. The number cannot be modified or changed in any way.

Bikers must wear a hard, safety-approved helmet, which must be kept fastened throughout the race.

All bikers must carry with them a puncture kit.

Bikers are required to move aside to allow faster bikers to overtake.

Participants who quit the race must give such communication to the Organization and hand the number back to the next security controller along the route.

It is severely prohibited to use any form of electric or electronic support on the bike itself.

## **06.2 DOPING CONTROL**

All riders entering the event must comply with all Anti-Doping regulations and procedures if asked to do so. Failure to do so will result in disqualification from that event and further penalization as deemed appropriate by WADA.

WADA will follow all ITA rules, protocols and procedures. It is the responsibility of all riders, teams and coaches to read and follow all advice and documents provided by ITA. The riders must adhere to the UCI and WADA Anti-Doping rules.

The Anti-Doping controls will take place in:

Town Hall Capoliveri

Viale Australia, No.1

42°44'34.0"N 10°22'55.6"E

<https://maps.app.goo.gl/rCsbQQp1dGtEnTHH9>

## **07 UCI MTB TEAMS**

### **07.1 UCI MTB TEAM BENEFITS**

These benefits are exclusively available to UCI MTB Teams registered with the UCI:

- **Paddock Space: Allocation of 30 m<sup>2</sup> for all HERO UCI Marathon World Cup races** upon request at least one month before each round via [info@heroucimarathonworldcup.com](mailto:info@heroucimarathonworldcup.com). Additional square meters can be requested for 20,00 Euro per m<sup>2</sup>.
- **Team Standings: Inclusion in the HERO UCI Marathon World Cup Team standings.**

The UCI MTB TEAM's standing is calculated by adding the points of the 4 best placed men and the 4 best placed women of each UCI MTB TEAM in the UCI XCM individual ranking.

- **Accreditation Passes:** 4 Accreditation passes for registered UCI MTB TEAMS valid for the entire 2026 HERO UCI Marathon World Cup season for the Start/Finish area and the dedicated areas in the Feed and Technical Zones.

Please note: Accreditation and Team Ranking will not be provided to Teams not registered with the UCI.

## 08 VENUE LOGISTICS

### 08.1 VENUE MAP

Adresse: Capoliveri town



- |   |   |
|---|---|
| <b>1</b> START/FINISH LINE<br>HWC AWARD CEREMONY<br>WARM-UP UCI TEAM                      | <b>5</b> STADIO WC/SHOWERS              |
| <b>2</b> STARTING GRID ENTRY  | <b>6</b> GYM WC/SHOWERS                 |
| <b>3</b> RACE OFFICE/PASTA PARTY  | <b>7</b> UCI TEAM AREA                  |
| <b>4</b> INFO POINT<br>HERO RACE TALK<br>TEAM MANAGER MEETING<br>ANTIDOPING<br>VIP LOUNGE | <b>8</b> FIRST AID/RADIO COMMUNICATIONS |
|   | <b>9</b> AWARDS CEREMONY                |
|   | <b>10</b> WALL OF LEGEND                |
|   | <b>11</b> CAMPER AREA                   |
|   | <b>12</b> CAMPER AREA AND FREE PARKING  |
|   | <b>13</b> FREE PARKING                  |

## **08.2 TRAVEL/TRANSPORTATION**

### **How to get there**

#### **Ferry/Convention**

Link <https://www.legendcup.it/ospitalita>

#### **By Air**

From Rome Fiumicino International Airport (Km. 310)

From Florence - Peretola "Amerigo Vespucci" Airport (Km. 200)

From Pisa San Giusto "Galileo Galilei" Airport (Km. 150)

#### **By Train**

Piombino Porto station (LI) Italy.

#### **By Car**

From the North: A1 motorway towards Florence / Bologna / Casalecchio, near Florence exit Firenze Scandicci, follow SGC Firenze - Pisa - Livorno. Take the Genoa-Rome Florence exit and follow signs for E80, S. Vincenzo Sud exit, then SS398 Piombino. Take the ferry and then SP 31 to Capoliveri.

From the South: E80 towards SS398 Campiglia Marittima, Venturina exit. Take SP40 towards Piombino. Take the ferry and then SP31 to Capoliveri.

## **08.3 ACCOMMODATION**

Please contact at [teambookinglegend@gmail.com](mailto:teambookinglegend@gmail.com)

## **08.4 PARKING**

UCI TEAM Parking HERO Village: 42°44'38.3"N 10°22'49.6"E

<https://maps.app.goo.gl/gpMfW2HAzkg2UbCRA>

Alternative Parking: Parcheggio BOA 42°44'54.1"N 10°22'54.3"E

<https://maps.app.goo.gl/QuGLW2BZae4fyHqY6>

## **08.5 WATER & WASTE MANAGEMENT**

Please use the bins provided. Each team is responsible for its own waste. Please find all the water points on: Campo Sportivo "ILSE" Loc Vacarelle 42°44'54.6"N 10°22'47.1"E

<https://maps.app.goo.gl/FwslzGuxx4CR7Gmd7>

## **08.6 SECURITY**

Security will be in place at the village and team area from Wednesday to Saturday night. Please do not leave bikes or equipment unattended at any time. Although surveillance will be in place, individuals are responsible for their personal property at all times.

## **08.7 BIKE WASH**

Campo Sportivo "ILSE" Loc Vacarelle 42°44'54.6"N 10°22'47.1"E

<https://maps.app.goo.gl/FwslzGuxx4CR7Gmd7>

### **08.8 PASTA PARTY**

The Pasta Party is located at the park opposite the Town Hall of Capoliveri  
Viale Australia No. 1 42°44'35.5"N 10°22'55.7"E  
<https://maps.app.goo.gl/k1fKYfPASCYNJiP8>

### **08.9 SHOWERS**

Palestra Polisportiva  
Via San Rocco, No. 1 42°44'44.9"N 10°22'27.9"E  
<https://maps.app.goo.gl/XrCAtebfKykcEjP8>  
Campo Sportivo "ILSE"  
Loc. Vacarelle 42°44'54.6"N 10°22'47.1"E  
<https://maps.app.goo.gl/FwslzGuxx4CR7Gmd7>

### **08.10 OTHER INFRASTRUCTURE**

The HERO Race Talk, the team manager meeting will take place in the Town Hall in  
Capoliveri, Viale Australia No. 1 42°44'34.0"N 10°22'55.6"E  
<https://maps.app.goo.gl/rCsbQQp1dGtEnTHH9>

## **09 MEDICAL**

### **09.1 EMERGENCY RESPONSE FIRST AID**

For the 2° round of the HERO UCI Cross-country World Cup marathon, a first aid centre will be set up directly in town. The first aid centre will include a medical tent with a doctor and nurses specialised in first aid and resuscitation, in order to avoid congestion in transporting those assisted in the race. With ambulances to the Portoferraio hospital, which has already been pre-alerted by the Health Plan approved by the competent local Health Authority. Health assistance during the race will also include the presence of 11 ambulances and medicalised off-road vehicles, with an additional 2 doctors qualified for first aid/resuscitation, and an additional two doctors with motorbikes to reach the most inaccessible points of the route and several groups of volunteer risk rescue teams. Furthermore, the approved Health Plan includes alerting the Helicopter Rescue Service and the Portoferraio Hospital (about 20 km away). HOSPITAL Portoferraio Hospital Distance from the start/finish area 20 Km

**Rescue number: 118 Phone**

## 10 USEFUL INFORMATION

### **10.1 CLIMATE & TIME DIFFERENCE**

Climate: in May, the temperatures vary between 10°C and 25°C

Time difference: GMT + 2

### **10.2 VOLTAGE**

The standard voltage in Italy is 230V-50Hz. An adapter plug would be required to connect appliances brought from overseas to the domestic power supply.

### **10.3 VISA**

European Community citizens do not need a visa, but need an identity card or passport. All other nationalities have to contact the Italian consulate or embassy in their country.

### **10.4 PRESS ACCREDITATION**

The accreditation office for journalists, photographers and TV staff is located at the Park in front of the Town Hall of Capoliveri, fully equipped for the needs of the authorized personnel.

The Media Centre will be open from Friday, 08th May, until Saturday, 09th May.

All journalists and media operators must register by Thursday, May 7th, at the following link: <https://www.heroucimarathonworldcup.com/media-accreditation>

#### **Office hours:**

Friday 08 MAY 2025 (09:30 AM - 01:00 PM)- (02:00 PM - 07:30 PM)

Saturday 09 MAY 2025 (07:00 AM - 07:00 PM)

# SEE YOU AT THE RACE!

For any queries, please contact us at  
[info@heroucimarathonworldcup.com](mailto:info@heroucimarathonworldcup.com)

